# ECDC-SMC Snack Menu – 2018 Summer

## Week 1: 6/11-15 & 7/9-13

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>A.M.</td>
<td>CHEERIOS ¼ CUP (½ CUP)*</td>
<td>APPLESAUCE 4 OZ</td>
<td>ORGANIC PRODUCE</td>
<td>ORGANIC PRODUCE</td>
<td>COTTAGE CHEESE ¼ CUP</td>
</tr>
<tr>
<td></td>
<td>RAISINS 1.5 oz (3 oz)*</td>
<td>PRETZELS 15 STICKS (25</td>
<td>CHEX MIX ¼ CUP (½ CUP)*</td>
<td>WHEATWORTH CRACKERS</td>
<td>WHEAT THINS 4 CRACKERS</td>
</tr>
<tr>
<td></td>
<td>WATER</td>
<td>STICKS)*</td>
<td>WATER</td>
<td>2 PKG (3PKG)*</td>
<td>(6 CRACKERS)*</td>
</tr>
<tr>
<td>P.M.</td>
<td>1 OZ STRING CHEESE</td>
<td>BANANA ½ PIECE</td>
<td>GOLDFISH CRACKERS</td>
<td>TORTILLA ½ PIECE (1 PIECE)*</td>
<td>2 FIG NEWTONS</td>
</tr>
<tr>
<td></td>
<td>WHEATWORTH CRACKERS</td>
<td>WHEATWORTH CRACKERS</td>
<td>¼ CUP (½ CUP)*</td>
<td>CREAM CHEESE</td>
<td>(+ WHEATWORTH CRACKERS</td>
</tr>
<tr>
<td></td>
<td>2 PKG (3PKG)*</td>
<td>2 PKG (3PKG)*</td>
<td>APPLE SLICES 4 – ½ PIECES</td>
<td>1% MILK 6 OZ (8 OZ)*</td>
<td>2 PKG)*</td>
</tr>
<tr>
<td></td>
<td>WATER</td>
<td>WATER</td>
<td>WATER</td>
<td>WATER</td>
<td>1% MILK 6 OZ (8 OZ)*</td>
</tr>
</tbody>
</table>

*School Age Portions are in ( ) 5/6’s & 7/8/9’s Additional food available for 2nds

## Week 2: 6/18-22 & 7/16-20

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>A.M.</td>
<td>SALTINES 2 PKG (3PKG)*</td>
<td>TROPICAL FRUIT CUP 4 OZ</td>
<td>ORGANIC PRODUCE</td>
<td>ORGANIC PRODUCE</td>
<td>GOLDFISH CRACKERS ¼ CUP</td>
</tr>
<tr>
<td></td>
<td>1 SLICE AMERICAN CHEESE</td>
<td>CHEX MIX ¼ CUP (½ CUP)*</td>
<td>PRETZELS 15 STICKS (25</td>
<td>TOASTEDS 4 CRACKERS (6</td>
<td>(½ CUP)*</td>
</tr>
<tr>
<td></td>
<td>WATER</td>
<td>STICKS)*</td>
<td>STICKS)*</td>
<td>CRACKERS)*</td>
<td>APPLESAUCE 4 OZ</td>
</tr>
<tr>
<td>P.M.</td>
<td>TRAILMIX ¼ CUP (½ CUP)*</td>
<td>APPLE SLICES 4 - ½ PIECES</td>
<td>MINI BAGEL 1 (1 ½)*</td>
<td>1 NUTRIGRAIN BAR</td>
<td>ENGLISH MUFFIN ½ PIECE</td>
</tr>
<tr>
<td></td>
<td>1 GOGURT</td>
<td>CREAM CHEESE</td>
<td>ORANGES ½ PIECE</td>
<td>(+ WHEATWORTH CRACKERS</td>
<td>(1 PIECE)*</td>
</tr>
<tr>
<td></td>
<td>WATER</td>
<td>WATER</td>
<td>WATER</td>
<td>2 PKG)*</td>
<td>BANANA ½ PIECE</td>
</tr>
</tbody>
</table>

Additional food available for 2nds
# ECDC-SMC Snack Menu – 2018 Summer

## Week 3: 6/25-29 & 7/2-27

### Monday
- **A.M.**
  - PRETZELS 15 STICKS (25 STICKS)*
  - APPLESAUCE CUP 4 OZ WATER
- **P.M.**
  - PINEAPPLE CUPS 4 OZ WHEATWORTH CRACKERS 2 PKG (3PKG)* WATER

### Tuesday
- **A.M.**
  - LIFE CEREAL ¼ CUP (¼ CUP)*
  - ORGANIC PRODUCE WHEATWORTH CRACKERS 2 PKG (3PKG)* 1% MILK 6 OZ (8 OZ)*
- **P.M.**
  - GOLDFISH CRACKERS ¼ CUP (½ CUP)*
  - TOASTEDS 4 CRACKERS (6 CRACKERS)* 1% MILK 6 OZ (8 OZ)*

### Wednesday
- **A.M.**
  - ORGANIC PRODUCE TRAIL MIX ¼ CUP (½ CUP)* WATER
- **P.M.**
  - ORGANIC PRODUCE CHEX MIX ¼ CUP (½ CUP)* WATER

### Thursday
- **A.M.**
  - ORGANIC PRODUCE CREAM CHEESE 1% MILK 6 OZ (8 OZ)*
- **P.M.**
  - NUTRIGRAIN BAR (+ WHEAT CRACKERS 2 PKG)* 1% MILK 6 OZ (8 OZ)*

### Friday
- **A.M.**
  - COTTAGE CHEESE ¼ CUP WHEAT THINS 4 CRACKERS (6 CRACKERS)* WATER
- **P.M.**
  - MINI BAGEL 1 (1 ½)* CREAM CHEESE ORANGES ½ PIECE WATER

*School Age Portions are in ( ) 5/6’s & 7/8/9’s  Additional food available for 2nds

## Week 4: 7/2-6 & 7/30-8/3

### Monday
- **A.M.**
  - WHEATWORTH CRACKERS 2 PKG (3PKG)*
  - 1 OZ STRING CHEESE WATER
- **P.M.**
  - TRAIL MIX ¼ CUP (½ CUP)* 2 FIG NEWTONS (+ WHEAT CRACKERS 2 PKG)* 1% MILK 6 OZ (8 OZ)*

### Tuesday
- **A.M.**
  - TROPICAL FRUIT CUP 4 OZ TOASTEDS 4 CRACKERS (6 CRACKERS)* WATER
- **P.M.**
  - MINI BAGEL 1 (1 ½)* CREAM CHEESE ORANGES ½ PIECE WATER

### Wednesday
- **A.M.**
  - ORGANIC PRODUCE GOLDFISH CRACKERS ¼ CUP (½ CUP)* WATER
- **P.M.**
  - SALTINES 2 PKG (3PKG)* WATER

### Thursday
- **A.M.**
  - ORGANIC PRODUCE GOLDEN CRACKERS ¼ CUP (½ CUP)* WATER
- **P.M.**
  - ENGLISH MUFFIN ½ PIECE (+ WHEAT CRACKERS 2 PKG)* 1% MILK 6 OZ (8 OZ)*