The Learn to Skate Program
Helpful Information for Parents

The Learn to Skate ice skating program will provide the ECDC older preschool and kindergarten children with the opportunity to step outside of the classroom to acquire the new skill set of ice skating at the Compton Family Ice Arena (CFIA). The lessons will expose children to basic ice skating, which could lead to the development of an interest in on-ice activities and will certainly deliver skating fun.

- The children attending ECDC on Monday mornings in the 4’s, 4/5’s and Kindergarten groups will participate in 8 thirty minute ice skating lessons at the CFIA.
- **Children not enrolled on Monday mornings are invited to meet their group at the CFIA.**
- The children may bring their own skates or may use the CFIA skates at no charge.
- The ECDC bus will take the children enrolled on Monday mornings to the CFIA for the skating lessons. Parents will need to transport children not enrolled on Monday mornings.
- Parents are invited to attend, and even skate if they would like (as long as an adult waiver has been signed and submitted).
- The ECDC teachers will be present and supervising all of the skating lessons. The instructors will be the ND Compton Skating Instructors who work with children.

Parents are required to:

A) **Pre-register their children, by 11/1/17, with Learn to Skate** - it is quick and easy when you follow these steps:
   1. [learntoskateusa.com](http://learntoskateusa.com)
   2. Right hand corner has a "sign-up" link - click
   3. Scroll part way down and on left hand side "become a member" link - click
   4. Click on skater/parent of a skater to register
   5. Enter child’s name in info
   6. Pay the $17.25 ($16.00 + $1.25 handling fee)*
   7. Put the child’s Learn to Skate membership number on the child waiver form and submit to ECDC office.

   *If the fee of $17.25 is a financial burden to your family, please contact Terri Kosik at tkosik@saintmarys.edu.

Please note: If your child has previously participated in the Learn to Skate program and your membership was completed on or after July 1, 2017, you do not need to re-register.

B) **Complete the attached waiver(s)** - the ND CFIA Waiver for Minors is required for all children participating. **Be sure to include your Learn to Skate registration confirmation number on the bottom of the waiver.** The ND CFIA Waiver for Adults is required for any parent that may accompany the group as a parent helper and would like to skate (Learn to Skate registration is not required for adults – only the waiver).

C) **Sign the field trip parent permission form** for each of the 8 ice skating trips if ECDC is transporting your child on the bus.

What to have your child wear and bring for ice skating lessons:

- Children may bring their own skates or wear the skates provided by the CFIA.
- Bike Helmet. All children will wear a bike helmet – if a child does not have their own, they will borrow one of ECDC’s.
- Snow pants to provide extra padding.
- Gloves to keep hands warm.
- Long socks so that the leg is protected from the skate when laced.
- Elbow/knee pads are optional – Note from CFIA instructors: Some children do decide to wear them for extra protection but this is not required or necessarily recommended. Sometimes the children have trouble skating because this extra equipment can be restrictive. This is more or less the choice of the parent and child. Keep in mind one of the first lessons in our Learn to Skate curriculum is how to fall and get up.
- **Kindergarten group only** – children will need to bring a sack lunch to eat upon returning to ECDC. Due to food allergies, please do not include any peanut or peanut products in your child’s lunch.
The Learn to Skate Program
Important Dates and Times

The dates of the Monday skating lessons are:
- November 6\(^{th}\) and 20\(^{th}\)
- December 4\(^{th}\) and 18\(^{th}\)
- January 22\(^{nd}\)
- February 5\(^{th}\) and 26\(^{th}\)
- March 19\(^{th}\)

The group times of the skating lessons are:
- **ECDC-SMC 4's** - Leave ECDC @ 8:30, Return @ 10:00 - Lesson 9:00-9:30
- **ECDC-SMC 4/5's** - Leave ECDC @ 9:00, Return @ 10:45 - Lesson 9:35-10:05
- **ECDC-ND 4/5's** - Leave ECDC @ 9:30, Return @ 11:25 - Lesson 10:10-10:40
- **ECDC-ND 4's** – Leave ECDC @ 10:15, Return @ 11:50 - Lesson 10:45-11:15
- **ECDC-ND Kindergarten** - Leave ECDC @ 11:00, Return @ 12:25 - Lesson 11:20-11:50

For families meeting their group at the CFIA - Please meet the class at the CFIA 15 minutes prior to the lesson start time. You are welcome to drop off and then pick up after the lesson or stay and watch...or even skate if you would like (as long as the adult waiver has been signed and submitted).

ECDC Family and Friends Skating Time Together

ECDC has rented the CFIA on 4 Sunday afternoons for “ECDC Families and Friends Skating Time Together.” These family skates are a great time for your children to show you what they have been learning at their Learn to Skate sessions. The only cost is $3.00 for adult and sibling skate rental - free for children currently attending ECDC.

- December 3 – 6:00 pm – All ECDC families and friends are invited
- January 21 - 5:30 pm – All ECDC families and friends are invited
- February 11 - 5:30 pm – Special skate for ECDC-ND families - Afterwards, join us upstairs at O'Brien's for a pizza party. RSVP is required to ensure there is enough pizza.
- March 25 - 5:30 pm – Special skate for ECDC-SMC families - Afterwards, join us upstairs at O'Brien's for a pizza party. RSVP is required to ensure there is enough pizza.

*RSVP links for each event can be found on the [ECDC website calendar](#).*