**ECDC-SMC BREAKFAST MENU**  
2017-18 School Year

**Served: 7:30-8:15 a.m. in 3/4’s Room**

**Weeks 1, 3, 5, 7, 9, 11, 13, 15, 17, 19, 21, 23, 25, 29, 31, 33, & 35**

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<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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| 1% Milk (6 oz.), (8 oz.)* Mandarin Orange cup (4 oz.)  
Cheerios (1/2 c.), (3/4 c.)*  
or  
Life Cereal (1/2 c.), (3/4 c.)* | 1% Milk (6 oz.), (8 oz.)* Fresh Orange/Apple** (1/2 piece)  
Life Cereal (1/2 c.), (3/4 c.)*  
or  
Oatmeal (1/2 c.), (3/4 c.)* | 1% Milk (6 oz.), (8 oz.)* Fresh Apple/Banana** (1/2 piece)  
Cheerios (1/2 c.), (3/4 c.)* or  
1 Waffle w/Apple Butter | 1% Milk (6 oz.), (8 oz.)* Fresh Orange** (1/2 piece)  
Cheerios (1/2 c.), (3/4 c.)* or  
Life Cereal (1/2 c.), (3/4 c.)* | 1% Milk (6 oz.), (8 oz.)*  
Fresh Banana/Apple** (1/2 piece)  
Cheerios (1/2 c.), (3/4 c.)* or  
Life Cereal (1/2 c.), (3/4 c.)* |

Dates: 8/21-25, 9/4-8, 9/18-22, 10/2-6, 10/16-20, 10/30-11/3, 11/13-17, 11/27-12/1, 12/11-15, 1/8-12, 1/22-26, 2/5-9, 2/19-23, 3/5-9, 3/19-23, 4/2-6, 4/16-20, 4/30-5/4, 5/14-18

**Weeks 2, 4, 6, 8, 10, 12, 14, 16, 18 20, 22, 24, 26, 28, 30, 32, 34, & 36**

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| 1% Milk (6 oz.), (8 oz.)* Pineapple cup (4 oz.)  
Cheerios (1/2 c.), (3/4 c.)*  
or  
Life Cereal (1/2 c.), (3/4 c.)* | 1% Milk (6 oz.), (8 oz.)* Fresh Apple/Orange** (1/2 piece)  
Cheerios (1/2 c.), (3/4 c.)*  
or  
Yogurt (1/4 c.), (1/2 c.)*  
Wheat Toast (1/2 slice), (1 slice)* w/ Apple Butter | 1% Milk (6 oz.), (8 oz.)* Fresh Orange/Apple** (1/2 piece)  
Life Cereal (1/2 c.), (3/4 c.)* or  
Oatmeal (1/2 c.), (3/4 c.)* | 1% Milk (6 oz.), (8 oz.)* Fresh Apple/Banana** (1/2 piece)  
Life Cereal (1/2 c.), (3/4 c.)* or  
1 Waffle w/Apple Butter | 1% Milk (6 oz.), (8 oz.)*  
Fresh Banana/Orange** (1/2 piece)  
Cheerios (1/2 c.), (3/4 c.)*  
or  
Life Cereal (1/2 c.), (3/4 c.)* |


*5/6's & 7/8/9's  
**May be replaced with a fruit cup.